## Effective mass approach to memory in non-Markovian systems

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Recent pioneering experiments on non-Markovian dynamics done e.g. for active matter have demonstrated that our theoretical understanding of this challenging yet hot topic is rather incomplete and there is a wealth of phenomena still awaiting discovery. It is related to the fact that typically for simplification the Markovian approximation is employed and as a consequence the memory is neglected. Therefore methods allowing to study memory effects are extremely valuable. We demonstrate that a non-Markovian system described by the Generalized Langevin Equation (GLE) for a Brownian particle of mass M can be approximated by the memoryless Langevin equation in which the memory effects are correctly reproduced solely via the effective mass M\* of the Brownian particle which is determined only by the form of the memory kernel. Our work lays the foundation for an impactful approach which allows to readily study memory-related corrections to Markovian dynamics.

[1] M. Wiśniewski, J, Łuczka, J. Spiechowicz, Effective mass approach to memory in Non-Markovian systems, Phys. Rev. E 109, 044116 (2024)