The inevitable cost of precision

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I will discuss recent progress in stochastic thermodynamics for understanding fundamental limits to the temporal precision of processes. The thermodynamic uncertainty relation provides a universal lower bound on the precision a process can achieve for a given energy budget [1]. A variant of this relation allows us to extract from experimental data a model-free upper bound on the efficiency of molecular motors [2]. Likewise, for heat engines, this relation shows that Carnot efficiency at finite power can be reached, in principle, but at the cost of diverging power fluctuations [3]. Persistent coherent oscillations of autonomous biomolecular networks are constrained by the number of states in the network and the driving force [4]. In contrast, in periodically driven systems, coherent subharmonic oscillations can persist forever [5].

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